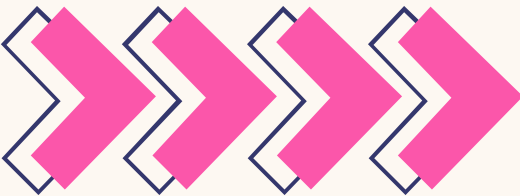




WENTY HUB

2026



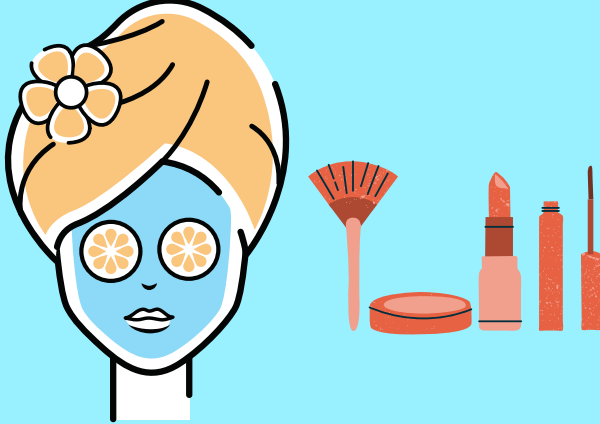
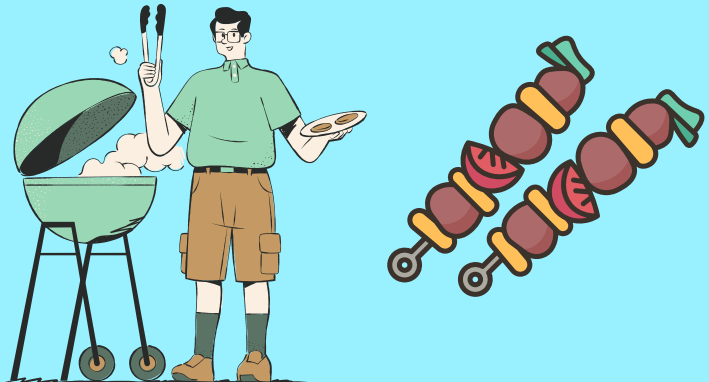
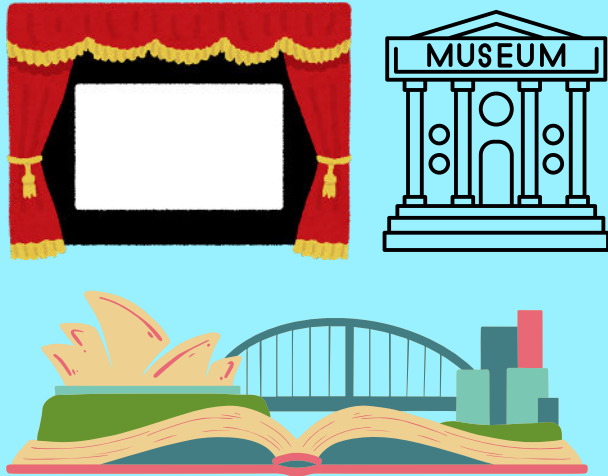
TERM 3
6TH JULY - 2ND OCT

www.beyondcare.com.au

DAY
program



JULY - SEPTEMBER 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BEAUTY PROGRAM LIFE SKILLS	DANCE AND MUSIC COOKING PREPARATION	COOKING CONNECTIONS	COMMUNITY ACCESS/ SPECIAL OUTING	BBQ /SPORTS DAY
				
				

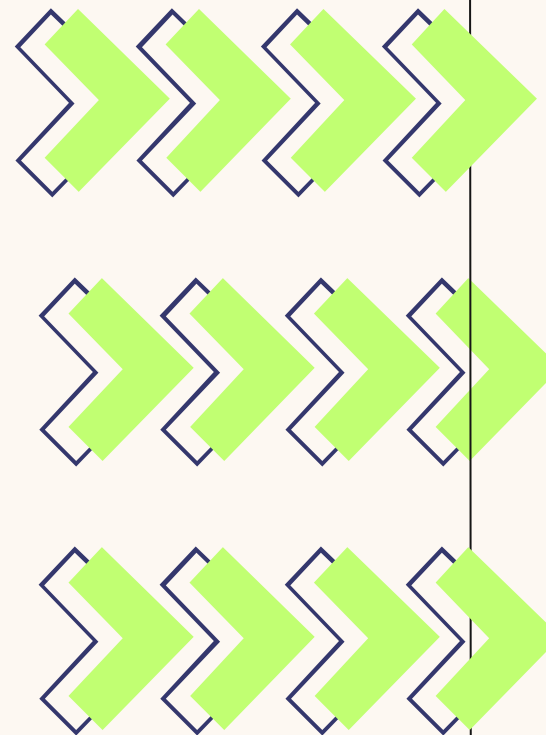
TERM 3 CALENDAR

JULY 2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	BEAUTY PROGRAM LIFE SKILLS	DANCE AND MUSIC COOKING PREPARATION	COOKING DAY	COMMUNITY ACCESS/ SPECIAL OUTING	BBQ /SPORTS DAY
WEEK 1	SPA, NAIL POLISH, MASSAGE NAIDOC WEEK CELEBRATE ABORIGINAL AND TORRES STRAIT ISLANDER	VISIT TO ART GALLERY OF NSW THE DOMAIN,SYDNEY NSW 2000 CHOOSING A MENU AND ORGANISING INGREDIENTS	SHOPPING AND COOKING \$10	NAIDOC DAY AT WHALAN RESERVE 10:00 AM - 4:00 PM	SPORTS GALA- COMPETITION STARTS BUILDING TEAMS BBQ
WEEK 2	HAIR AND MAKE UP SALON BUSH WALK WEAR APPROPRIATE CLOTHING/SHOES	DRESS UP- NEON CHOOSING A MENU AND ORGANISING INGREDIENTS	SHOPPING AND COOKING \$10	FREE MAKE & TAKE MOSAIC HOUSE NUMBERS LIDCOMBE WAREHOUSE 23-29 PARRAMATTA ROAD, LIDCOMBE NSW 2141 10:00AM - 11:30AM, THURSDAY 16TH OF JULY 2026	SPORTS COMPETITION BASKETBALL BBQ
WEEK 3	SPA, NAIL POLISH, MASSAGE PYJAMA DAY AWARENESS ABOUT KIDS IN FOSTER CARE	CHRISTMAS IN JULY ZUMBA CELEBRATING LAMINGTON DAY	SHOPPING AND COOKING \$10	BOWLING ACTIVITY - \$20	TRIP TO BLUE MOUNTAINS KATOOMBA
WEEK 4	CRAZY HAIR DAY BUSH WALK WEAR APPROPRIATE CLOTHING/SHOES	DISCO AT THE HUB CHOOSING A MENU AND ORGANISING INGREDIENTS	SHOPPING AND COOKING \$10	FLIP OUT WETHERILL PARK TO BRING CONCESSION CARD ACTIVITY: \$15	SPORTS COMPETITION OBSTACLE COURSE BBQ



12 weeks goal



OVER THE 12-WEEK PROGRAM, CLIENTS WILL BUILD SKILLS ACROSS KEY LEARNING AND WELLBEING AREAS, STARTING WITH DIGITAL LITERACY THROUGH COMPUTER CLASSES WHERE THEY PROGRESS FROM BASIC DEVICE USE TO CREATING SIMPLE PROJECTS INDEPENDENTLY.

COOKING SESSIONS STRENGTHEN DAILY LIVING SKILLS BY MOVING FROM KITCHEN SAFETY AND SIMPLE FOOD PREPARATION TO COMPLETING BASIC RECIPES WITH CONFIDENCE.

THE EXERCISE COMPONENT FOCUSES ON GRADUALLY IMPROVING MOBILITY, STRENGTH, COORDINATION, AND OVERALL FITNESS THROUGH STRUCTURED ACTIVITIES AND PERSONALISED GOALS.

BEAUTY AND WELLNESS SESSIONS SUPPORT SELF-CARE, HYGIENE, SOCIAL CONFIDENCE, AND MINDFULNESS, CULMINATING IN THE DEVELOPMENT OF AN INDIVIDUALISED WELLNESS ROUTINE.

MUSIC AND DANCE ENCOURAGE EMOTIONAL EXPRESSION, RHYTHM, CREATIVITY, AND GROUP PARTICIPATION, WITH THE TERM ENDING IN A SMALL PERFORMANCE TO CELEBRATE PROGRESS.

COMMUNITY ACCESS ACTIVITIES BUILD INDEPENDENCE AND SOCIAL SKILLS THROUGH PRACTISING ROAD SAFETY, MANAGING SIMPLE PURCHASES, INTERACTING RESPECTFULLY IN PUBLIC, AND EVENTUALLY PLANNING AND PARTICIPATING IN OUTINGS WITH REDUCED SUPPORT.

TOGETHER, THESE ACTIVITIES PROVIDE A HOLISTIC APPROACH TO DEVELOPING CONFIDENCE, INDEPENDENCE, AND MEANINGFUL COMMUNITY ENGAGEMENT FOR CLIENTS

Email: wentyhub@beyondcare.com.au

intake@beyondcare.com.au

M: 0466 630 538

www.beyondcare.com.au

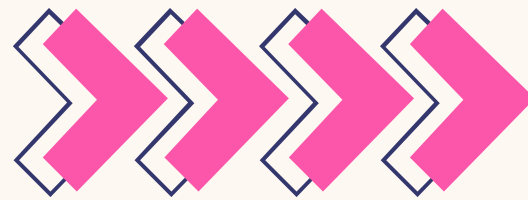




GEN IN TOUCH!

Wenty Hub Day Program

20 Station St,
Wentworthville NSW 2145



Email: wentyhub@beyondcare.com.au

intake@beyondcare.com.au

M: 0466 630 538

www.beyondcare.com.au



DAY
program

